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HOW TO PREPARE POWDERED FORMULA

1 Wash carefully



2 Boil water 5 minutes



Let cool



1 quart or 32 ounces

3 Pour 4 cups (32 ounces) water into pitcher



4 Add 1 level cup powder

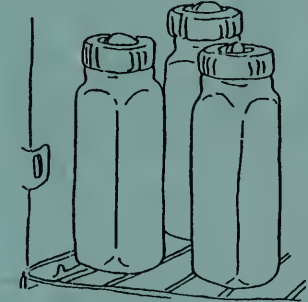


Beat well with fork



1 cup powder
+ 32 ounces water
(1 quart)
= 1 quart formula

5 Pour into bottles, cover, refrigerate



Use within 24 hours

3 Pour warm water into bottle



1 bottle

4 Add powder

4 oz.



2 level
scoops
+
4 ounces
water

6 oz.



3 level
scoops
+
6 ounces
water

8 oz.



4 level
scoops
+
8 ounces
water

5 Shake well



FOR ALL FORMULAS:

If infant does not finish bottle or if formula has been in refrigerator for longer than recommended...



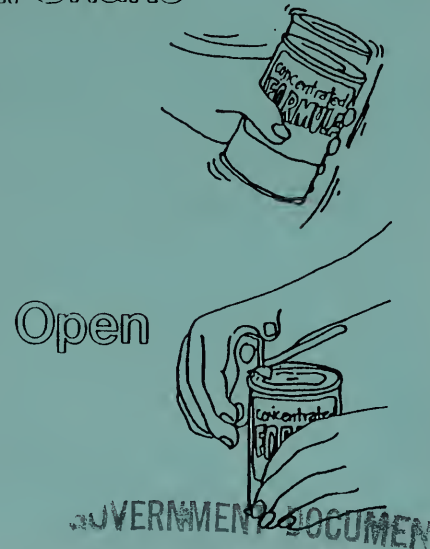
THROW AWAY

HOW TO PREPARE CONCENTRATED FORMULA

1. Wash carefully



2. Shake



3. Pour formula



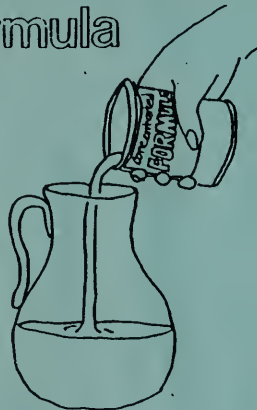
4. Boil water
5 minutes



5. Fill can with
water



6. Add water to
formula



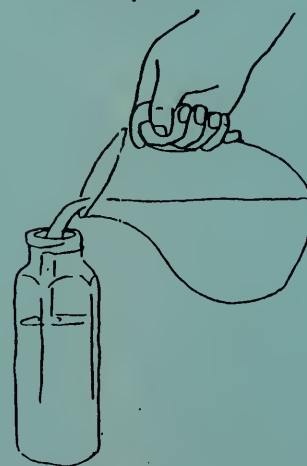
1 can makes
26 ounces

7. Stir

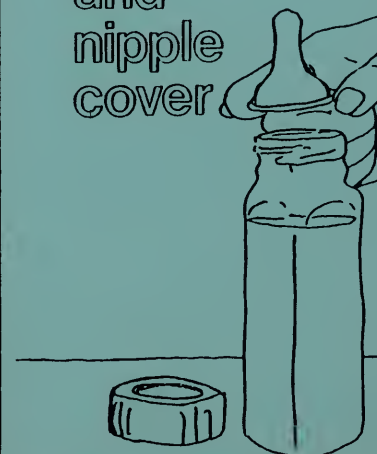
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8. Pour into
clean bottle



9. Attach
clean nipple
and
nipple
cover



10. Store bottles
in refrigerator



use
within 48 hours